

APA FIRST STATE POWER FRENZY
September 27, 2008
The Training Center
New Castle, Delaware
Meet Directors: Kate Baird and Len Walker

BENCH ONLY

Raw

Women

Open

181

Kate Baird 280 *WR

Men

Open

165

Mark Obey* 365

220

Chris Webb* 420

- 430/4th

Master II

198

Rich Budrow* 300

220

Chris Webb* 420

- 430/4th

Master III

242

Darrell Barnes* 310

STD EQUIPPED

Master II

Rich Budrow* 340

UNL EQUIPPED

Men

GUEST LIFTER

Open

308

Matt Wilson 700

DEADLIFT ONLY

Raw

Women

Open

SHW

Karen Patton 315

Men

Master III
 275
 Brian Brown

505
 - 510/ 4th *WR

PUSH /PULL
STD EQUIPPED

BCH **DL** **TOTAL**

Men

Open
 220

Brian Lego* 480 550 1030

Master I

275

Billy Eastridge* 355 375 730

Master II

Dan Long*

435 555 990

FULL POWER **SQ**

BCH **DL** **TOTAL**

RAW

Men

Junior

275

Joseph Brown* 405 315 500 1220

Open

220

Bill Carney* 440 325 530 1295

Jon Stoklosa* 325 370 395 1090

275

Jim Widener* 565 380 535 1515

David Hill* 355 280 385 1020

-405/4th

Master IV

220

Hank Beaudet* 300*WR 275 465*WR 1040*WR

UNL EQUIPPED

Men

Junior

275

Nathan Tincher* 500 340 560 1400

Open

Jon Rock 800*WR 600 600 2000*WR

242

Toan Khuu* 650 355 645 1650

308

David Murray 900 405 575 1880

SHW

GUEST LIFTER

Tone Barbaccio	750	750	705	2205
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STRICT CURL

Men

Open

165

Mark Obey*	145
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Master II

198

Rich Budrow*	145
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BENCH FOR REPS

Men

Mark Obey	165 x 43
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Allen Fortney	285 x 35
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Rich Budrow	190 x 23
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Chuck Cloud	165 x 20
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DEADLIFT FOR REPS

Men

Chuck Cloud	250 x 20
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*WR denotes World Record

*denotes Drug Tested